



# Practice Sheet

## December 2016

Name: \_\_\_\_\_

Class: \_\_\_\_\_

- Each Practice time should include an achievable goal.
- Practice does not start until the first note is played.
- After School Rehearsal time counts - Mr. Smith MUST SIGN **THE DAY OF**
- Don't have your music? [www.sightreadingfactory.com](http://www.sightreadingfactory.com) or [www.pcmsband.com](http://www.pcmsband.com)
- Focused, intentional, goal-oriented practice gets results.
- It's not about being the best, it's about getting better every day. You are awesome!

### Grading:

- A+ = More than 1.5 hrs. per week
- A = 1 hour - 1.5 hrs. per week
- B = 45 mins - 1 hr. per week
- C = 30 - 45 mins. per week
- F = less than 30 mins per week.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Goal: _____ Time: _____	2 Goal: _____ Time: _____	3 Goal: _____ Time: _____
4 Goal: _____ Time: _____	5 Goal: _____ Time: _____	6 Goal: _____ Time: _____	7 Goal: _____ Time: _____	8 Goal: _____ Time: _____	9 Goal: _____ Time: _____	10 Goal: _____ Time: _____
11 Goal: _____ Time: _____	12 Goal: _____ Time: _____	13 Goal: _____ Time: _____	14 Goal: _____ Time: _____	15 Goal: _____ Time: _____	16 Goal: _____ Time: _____	17 Goal: _____ Time: _____
18 Goal: _____ Time: _____	19 Goal: _____ Time: _____	20 Goal: _____ Time: _____	21 Goal: _____ Time: _____	22 Goal: _____ Time: _____	23 Goal: _____ Time: _____	24 Goal: _____ Time: _____
25 Goal: _____ Time: _____	26 Goal: _____ Time: _____	27 Goal: _____ Time: _____	28 Goal: _____ Time: _____	29 Goal: _____ Time: _____	30 Goal: _____ Time: _____	31 Goal: _____ Time: _____

Weekly Time Practiced: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Weekly Time Practiced: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Weekly Time Practiced: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Weekly Time Practiced: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

**Practice Sheet Due: Tuesday Jan. 3, 2017**